

November 2009

# Windows

Unitarian Universalist Church of Lancaster

*We are a welcoming, nurturing community that celebrates our spiritual diversity. Commitment to our Unitarian Universalist principles inspires us to create positive change in the world.*

## What's Happening in November...

**Sunday Worship:** Services held in the church sanctuary, unless otherwise noted.

**Children's Faith Development:** Nursery care available every Sunday; children's programs as noted (See page 9.)

**Coffee Hour:** After the service, join us in Emerson Hall for coffee and conversation.

- Nov. 1** **Worship, 9am and 11am: "... And To Help One Another"** Join us for an inspiring multigenerational Sunday: a celebration of our November theme, Courage. Maren Wood and Jill Althouse-Wood's wonderful play - about a "Courage Cafe" - reminds us that living our lives with courage and integrity isn't something we do alone. How can we help one another be courageous? Rev. Patricia Hart preaching. Music: First Sunday Band
- Nov. 8** **Worship, 9am and 11am: "Everyday Courage"** Often, we think of courage in uniform, with a chest of medals each, no doubt, richly deserved. Today we will celebrate courage without brass bands, moving through the meandering melody of everyday life. Bring a story in your heart that you want to tell. Rev. Peter Newport preaching. Music: Adult Choir
- Nov. 15** **Worship, 9am and 11am: "Sin"** Many UUs have been heard to say they 'don't believe in sin.' Others find the notion of 'sin' to be troubling at best. Guest Preacher Cyndi Simpson will explore the theological and liturgical importance for UUs of this challenging concept. Cyndi is a 2008 graduate of Lancaster Theological Seminary, and has been sponsored by our church as a candidate for the UU Ministry.
- Nov. 22** **Worship, 9am and 11am: "An American Faith"** UUA Moderator Gini Courter says, "If there's a candidate for the great American faith, it is us." The story of religion in America is a complicated one, but there's no doubt that Unitarians and Universalists have shown up in every chapter. What's our part, today? How does your faith affect your actions as a citizen? Rev. Patricia Hart, preaching. Music: All Ages Choir
- Nov. 25** **Thanksgiving Eve Union Service, 7pm** The 86th Union Thanksgiving service, the only and oldest interfaith Thanksgiving service in the city, will be held at the Unitarian Universalist Church of Lancaster. Friends and neighbors are enthusiastically welcomed to join the congregations of St. Peter's and St. Luke's, UCC; Congregation Shaarai Shomayim; Community Mennonite Church of Lancaster and the Unitarian Universalist Church of Lancaster for this unique service of gratitude and thanksgiving.
- Nov. 29** **Worship, "Anticipation"** The Christmastide is upon us. Soon we will be up to our eyeballs. Together, we explore the energy of waiting and wanting and try to find a still place from which to properly appreciate the season. Rev. Peter Newport preaching.

538 West Chestnut Street, Lancaster, PA 17603

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## “It Is In The Small Things We See It...”

Most of us don't live the lives of comic book heroes - lashed, one moment to the next, from one extravagant display of courage and derring-do to another. BIFF, BAM, BOOM. And though we may often identify courage with feats of physical valor, our own moments of bravery these days are likely to show up in quieter contests, often in the most prosaic struggles of daily life.

*“Whatever course you decide upon, there is always someone to tell you that you are wrong. There are always difficulties arising which tempt you to believe that your critics are right. To map out a course of action and follow it to an end requires courage.”*

*-Ralph Waldo Emerson*

How often do we think, for example, of the courage required by a single parent; by the caregiver of a dying spouse; by a student facing down a bully at school; by the workplace whistleblower; by the woman escaping her abuser, a person struggling to find employment. Imagine the courage it takes for men and women of color; or for our lesbian, gay, bisexual or transgender friends to simply survive from week to week in the face of remorseless indifference, discrimination and violence. It's clear that courage is not just a pinnacle of superhuman achievement. It is a requirement for survival.

Greek philosophy sees courage as a middle way, a best practice, between two extremes: cowardice on the one hand, and foolishness on the other. Seen in this light, courage is a beckoning high-ground our best selves seek in any moral struggle: a call to measured action that avoids both hanging back in fear or wasteful overreaction. Courage requires an intensity of action certainly, but not an excess of zeal. It is steadfast and quiet rather than capricious or flamboyant. One may suffer for lack of courage, but it doesn't come ready made, off the shelf. It is always made to order, on the spot.

Courage is only and always found in the present. One can't plan to be courageous. Courage is not called for, it is called out of the individual. It is the force of will rising to the occasion, meeting the challenge of living. Its sharpest weapon is persistence, a blade that will never dull.

Paul Tillich wrote about what he called “the courage to be:” the never-ending struggle to avoid annihilation in the conflict of love and death. Courage is like the awesome symphonic soundtrack to some epic wide-screen movie that Hollywood never made.

But courage is never out of scale. It is always just the right size. An acquaintance of mine tells how it took her two years, and several passes through the parking lot, before she could actually summon up the guts to get out of her car and attend services at her church the first time. There was always something easier to do right around the corner. Courage sometimes means letting go of our own limitations, and that can be hard and painful because sometimes our limitations keep us comfortable.

So it is not too much to say that being together in religious community, like everything in life, requires a certain amount of courage. Holding people who are not like you with loving compassion is hard. They won't all agree with you all the time. They might even hurt your feelings once in a while. But they are there to love you, all the same; and it will take a little bit of courage every day to find the heart, the force of will, to love them back.

See you in church.

*Peter*

# Courage

When I think of courage, all sorts of scenarios come to mind. People that have inspired me personally come to mind. I think of Martin Luther King, Greg Mortenson, Susan B. Anthony, and Rosa Parks.

Each day we are surrounded by acts of “ordinary” courage. Putting yourself out there, whether it’s making a new friend, trying a new skill, volunteering, or applying for a new job, requires a great deal of confidence and courage to believe in yourself and your ability to get where you want to go.

For some people, depending on where they are in their life journey, it may take courage just to get out of bed in the morning. Raising a family as a single parent, picking up and moving on after losing a loved one, or navigating the health care system and being an advocate for the care that you or your family deserve; All of these moments require courage, and we find it from deep within us. We are able to pull it out when we need to persevere and overcome obstacles, when we need to move on and survive and provide for our families. We draw upon the support of friends and relatives, but it comes from within our true selves, where we find the courage to act. We are all courageous beings.

I would like to zoom in on the courage that happens within our congregational walls:

- *Five people sitting at Prince Street Café planning to invite seven other congregations to an inspirational worship service.*
- *Jumping in and organizing a group of volunteers as a new member of the congregation.*
- *Joining the choir and adding your voice to such a talented group of individuals.*
- *Standing in front of the congregation putting forth a vision, ends statements, or a budget to sustain the church.*
- *Standing in the pulpit speaking directly to the congregation’s hearts and minds.*
- *Working on a stewardship campaign and asking friends and members you’ve never met to commit their financial support.*

## UUCL LAY LEADERSHIP

### Board of Trustees

Thais Magill, President  
Claudia Hostetter, Vice-President  
Anne Osborn, Secretary  
Christine Brubaker  
Sandra Mayers  
Gary Rosecrans  
Douglas Walcerz

### Program Leadership Team

#### Church Life

#### Community Beyond:

Greg Seigworth

#### Lifespan Faith Development:

Luz Meck

#### Stewardship

**Worship:** Anya Porter &  
Ken Prescott

**Staff:** Rev. Patricia Hart &  
Nadinne Ziegler

And how about: Standing on the Side of Love. Moving the World. Working toward peace and justice in a community where some folks may not want the ideals you support to take foot or succeed.

These are acts of tremendous courage. These are the things we are here for. These are the acts that we as a congregation must strive to achieve.

Last but not least, I want to touch upon an act of courage that may be difficult for some of us, but something that I feel passionately that we need to do more. We need to talk about our church more. Out there. In the community. Take courage.

### Gary W. Rosecrans, New member of the Board of Trustees

#### Biography & Statement of Beliefs

"I was raised in a fundamentalist protestant environment and began to question the tenets of the church at an early age. As a young person I went through a great deal of angst before finding and joining the Unitarian Church in Norfolk, Virginia. I have been a UU now for more than fifty years and have been a member of UU churches in Norfolk, Richmond, and Towson, Md. I have served on the Board of Trustees in Towson and taught in the RE programs and served on committees in these churches."

"I have a Bachelor's degree from Wichita State University and Master's and Doctoral degrees from the University of Virginia. I have been employed as a telephone engineer, a public school teacher, and a university professor."

"The role of the Board of Trustees, as I see it, is to administer the church in such a way as to promote the Statement of Principles of the UUA. The Board should cooperate with and advise the Ministers and serve as conduit for the concerns of the congregation with regard to policy matters, always keeping in mind the diversity of our members and respecting their opinions."

"Depending upon the how each is defined; I am either an atheist, agnostic, or humanist. Also, I am a political liberal and a populist."

*Next month: Douglas Walcerz, new Board member*

### Caring Connection

Welcome to our two newest UUCL family members: Congratulations to **Rebecca Lehman**, **Aleksandar Radovic**, and **Madeline** on **Aidan's** arrival; and to **Marianne**, **Gary**, and **Maxwell Smith** on the birth of **Skyler**.

Best wishes for a swift convalescence to **Geraldine WuShanley**, who is recovering at home from an unexpected illness, and to **Charlie Anjard**, who is recovering at Susquehanna Valley Nursing and Rehabilitation Center in Columbia.

Our heartfelt sympathies to **Joyce Hartman** and the whole Hartman family after the death of long-time member **John Hartman**.

### Donate Flowers for Sunday Worship

You can donate flowers for Sunday morning worship in memory, or in honor, of loved ones. The cost is \$35 and the church office will arrange delivery of the flowers for your designated Sunday.

To donate worship flowers, please contact the church office at 393-1733 X212 or e-mail Ada at [adminasst@uuclonline.org](mailto:adminasst@uuclonline.org) with the following:

1. The Sunday of your choice
2. Your dedication, including:
  - The name of the person(s) you are honoring or remembering.
  - The name of the person(s) making the dedication.
  - If you wish, the event for which you are honoring or remembering them.

Make your check for \$35 payable to UUCL, and indicating "Altar Flowers" in the memo section. Send to: Unitarian Universalist Church of Lancaster, attn: Ada Mendez, 538 W Chestnut St., Lancaster, PA 17603.

### Fall Auction News:

The November 14 **Autumn Auction** is fast approaching! See your **Windows** insert for details. Remember, you can now make donations and/or purchase tickets online ([www.uuclonline.org](http://www.uuclonline.org)) or at coffee hour. Check the church website in early November for a preview of the auction catalogue. Don't miss out on this fun-filled and worthwhile event!

### Monthly Financial Review

You are invited to attend Financial Review meetings, held the second Monday of each month at 7:00 pm. The next meeting will be Monday, November 9. At each Financial Review meeting, I present the church's financials for the prior month.

If you have questions please contact me at [churchadministrator@uuclonline.org](mailto:churchadministrator@uuclonline.org) or 717-393-1733 X206. I hope to see you there.

Nadinne Ziegler  
Director of Administration & Finance

### Office Farewell

**Donna Beecher** who was our morning Administrative Assistant, resigned Wednesday, September 30, effective that day. We wish her the best and thank her for her 5 years of service here at UUCL.

## Two easy fundraisers for UUCL

- **Web Surfing**— If you ever do online searches or online shopping, you can earn money for UUCL with each search or purchase. UUCL is registered with GoodSearch.com and GoodBuy.com. The money donated depends on the merchant. Each search generates a separate, small donation. You can even add a goodsearch/goodbuy toolbar on most computers to save a few clicks.
- **Grocery Cards** —This year the church is fundraising with Giant and Stauffers of Kissel Hill cash cards. These cards are good at the chain where they are purchased and work just like cash – the church buys them at a 5% discount, so we earn 5% on the amount sold. The cards are available in \$25 increments at Coffee Hour.  
If 50 people buy \$100 in cards each month, the church will raise \$3000 in a year!

## New Candle Bowl

This fall, Georgine Wood created a beautiful new bowl for our candles of Joy and Sorrow every Sunday. Around the edge of the bowl is written this beautiful prayer:

### **Prayer for joys and concerns**

*Spirit of life and spirit of grace,  
Rest with us this day, in this place.  
We lift up every joy, every gladness,  
We hold up every hurt, every sadness  
Spoken in this good company  
As well as every secret feeling  
Held quiet in the hollows of our hearts.*

The author is a Unitarian Universalist, who has chosen to remain unnamed. We are grateful for their words, and to Georgine for bringing them to us on the bowl!

## Thank You!

This month's happy thanks and congratulations go out to the more than 150 UUCL members and friends whose efforts made our "Standing on the Side of Love" Association Sunday weekend a fabulous success. In particular, to:

- **Barry Mahaffey, Nancy Bradley, Anya Porter, and many others** who pulled off a delicious Coffee House with the incomparable Meg Barnhouse (including a coffee miracle, courtesy of our friends at Chestnut Hill Café)
- **Kristin Broich and many helpers** who filled McCaskey East with flowers and delicious food for a great "Extreme Coffee Hour" (and accomplished a second coffee miracle that morning, thanks to Pickles on Lemon Street); and to **Julie Dewar and many others** who managed the "UU stuff" store
- **Anne Mason, Cynthia Charles, musicians Aaron, Tim, Matt and Phil, and especially to our extraordinary choir**, who brought Old Turtle to life in music
- **Deb Haller**, who created eye-catching publicity, especially the weekend Guide
- **Bob Ulrich and Rich Riccio**, who managed some complicated sound challenges with their usual quiet skill and creativity
- **Bob Loftin and the largest group of ushers** (ever!)
- **Cory Labrasca and all the intrepid (but friendly) Sheepdogs**, who told everyone know where to go
- **Walt Poyck**, for his great photography
- All the church staff, especially **Nadine Zeigler** and **Michael Eby-Good**, for coordinating building contracts, piano rentals, press releases, and much more
- **Tanis Garber Shaw, Candi Jennings, and Kirsten Sanders** who helped out with Association Sunday tasks in the office
- all the wonderful Unitarian Universalists from Harrisburg, York, Reading, Boiling Springs, Gettysburg and State College, who came to worship with us
- to our own Walters Trust Program Grants, which made the whole event possible
- and above all, to our super-amazing, no-challenge-is-too-much-for-us Association Sunday Co-Chairs – **Becky Bittle and Sandy Mayers!**
- And to everyone else, who believed in the power of association – with each other, and with Unitarian Universalists everywhere. You are all the best!

With love and thanks –  
*Peter & Tricia*

## Lifespan Faith Development

In 1903, Edward Everett Hale, a Unitarian minister, was appointed Chaplain of the United States Senate. A proponent for racial and religious tolerance and education reform, Hale used the pulpit and the pen to promote issues of equality. His 1863 written work "The Man without a Country" helped gather support for the Union and the anti-slavery movement. He, like many other Unitarians, Universalists, and Unitarian Universalists provide us with a legacy of strong, courageous spiritual leaders. Yet what about you, me, and the person sitting next to you on Sunday mornings, how is this faith-based community acting with courage on a daily basis?

I propose that you are a courageous person. It takes courage to be a stranger in this faith community, entering the church, hoping to find a place to belong and share your gifts. It takes courage to greet someone you do not know and to welcome them into this community. Teaching, mentoring, serving as a volunteer pushes you to stretch your limits and learn new things about yourself. Claiming Unitarian Universalism as your faith can, as you probably well know, feel like an enormous act of courage.

Most people we deem courageous demonstrate self-awareness and a belief that justice is on their side. Consider Eleanor Roosevelt, Mahatma Gandhi, Malcolm X, or Harriet Tubman. It's hard to imagine Tubman having an impact if she vacillated in believing that all people should be free. Who, with a meek conviction that all Americans deserved freedom, would open up their home for the Underground Railroad?

Courage requires conviction. As a faith community, we are here to provide each other, and ultimately ourselves, with spiritual grounding so we can impact the world. What does it mean to you to be a Unitarian Universalist? How has this faith defined you, nurtured you, and stretched your comfort zone? Digging into your spiritual center, the place that defines right from wrong, how do you view your responsibility to be courageous and help others?

These next few months the church will be involved in numerous outreach projects to help those in our community. We will help feed the hungry through the Guest at Your Table Program (join us for worship on November 22 to learn about this initiative). Our church will prepare to house homeless residents in February through the Cold Weather Shelter program. Being involved in these

programs, and others, give each of us a way to be in a safe community while trying something new and helping others.

Edward Everett Hale once said, "I am only one, but I am still one; I cannot do everything, but still I can do something; and because I cannot do everything I will not refuse to do the something that I can do." Our faith is filled with figures that embodied hope, justice, and courage. Yet within our church walls are people who can do amazing things to keep our faith alive through daring acts of love and grace. Let us step out of our comfort zones together to do daring, bold, and courageous things right here in Lancaster County.

Peace and kindness,  
Kate Prisby  
Director of Lifespan Faith Development

### Lifespan Faith Development Thanks:

- **Amy Sipe, Ad Crable, Greg Seigworth, and Dave Magill** for your assistance in preparing upcoming Faith Development social justice projects related to Guest at Your Table and Cold Weather Shelter.
- **Marianne Smith** thanks for your help with a children and youth library database!
- Thanks to retreat chaperones and participants involved with the Youth Group Fall Clean-Up.
- **Ad Crable, Lillian Pacheco, and Michelle Probolus** thanks for being Substitute Directors of Lifespan Faith Development in October.
- **Jill Althouse-Wood and Maren Wood** thanks for the delightful Courageous Characters Support Group play you wrote for the November Multigenerational Worship Service.
- Many thanks to all of the adults who led an adult faith development course in October and November: **Sharron Nelson, Ad Crable, Anne Mason, Lora Ware, Ken Prescott, Kate Diller, Linda Rebman, Membership Council, Goddess Circle folks, and the Labyrinth Committee.**

### Milk Movie Discussion

November 13 at 6:30pm— San Francisco's Board of Supervisors' Harvey Milk changed America when he was elected to public office while being open about being gay. What does his story tell us about our history, our current politics, and putting our UU values into action? Following the film will be a discussion led by Lora Ware and Ken Prescott.

## Self-Healing Through Movement

November 14 at 10:00am—Using the transformative energy of Spring Forest Qigong techniques including meditation, simple movements, and breathing exercises we will work on opening the body up to self-healing. Participants will leave with skills to help reduce headaches, anxiety, depression, arthritis pain, insomnia, and other stress-related ailments. Certified Spring Forest Qigong instructor Mary Gabriel will lead this workshop. Registration and course fee are due November 11.

## Pancake Breakfast

November 22 from 8:00am-1:00pm—Youth group serves delicious pancakes in exchange for donations to support youth group's pilgrimage to Boston. Eat lots and donate generously!

## *In God's Name: Wisdom from the World's Great Spiritual Leaders*

Movie Discussion—November 18 at 6:30pm—This National Geographic film brings together twelve of the world's most influential spiritual leaders as they explore the post-9/11 world, terrorism, intolerance, as well as faith, peace, tolerance, and hope. Kate Diller, seminary student, will lead the discussion following the film viewing.

## *New Moon*

**Book Discussion and Movie** —November 22 at 12:45pm- The second book in Stephenie Meyer's *Twilight* series explores the themes of commitment, helping a friend in need, and dealing with loss. After discussing the book we will venture to Regal Manor Cinema to watch the movie.

## Lifespan Faith Development Happenings This Month

To register for adult classes pick up a copy of the Lifespan Faith Development Program. To register for children and youth programs pick up a Children and Youth Faith Development Registration packet. Both are found in the church lobby or online at [www.uuclonline.org](http://www.uuclonline.org). Programs that require registration are noted.

**Evacuation Drill** November 8 Both Services- What does our church do if we need to evacuate the building? Classes and the sanctuary will practice so we can be prepared.

**Goddess Circle** November 11 at 7:30pm— Each month we join to rejoice in rebirth, growth, and renewal. We are an earth-centered group open to all.

**Milk Movie Discussion** November 13 at 6:30pm— See article on opposite page.

**Self-Healing Through Movement** November 14 at 10:00am See article on this page.

**Odyssey Mentor Orientation** November 15 at 12:45pm— Mentors please attend orientation.

**Youth Adult Committee (YAC) Meeting** November 15 at 12:15pm

**Winter Solstice Planning** November 15 at 12:30pm— Help plan the yearly winter solstice celebration service

***In God's Name: Wisdom from the World's Great Spiritual Leaders* Movie Discussion** November 18 at 6:30pm— See article above.

**Odyssey Retreat** November 20 at 6:30- November 21 at 10:00am- *Odyssey* youth will retreat at UUCL.

**Guest At Your Table** November 22 Both Services- Through specially designed, engaging class sessions, children and youth will learn about social justice and the human rights work of the Unitarian Universalist Service Committee. They will learn about the Guest at Your Table program and how it helps to promote our UU principles. More on pg. 10.

**Pancake Breakfast** November 22 from 8:00-1:00pm- See article on this page.

***New Moon* Book Discussion and Movie Viewing** November 22 at 12:45- See article on this page.

**Visitors Information Gathering** November 29 at 10:15pm— Explore UUCL's history and ask questions of your own.

**Thanksgiving Weekend Faith Development Activities** November 29— On this Sunday there will be childcare and activities for children of all ages. Regular classes will not meet.

## Community Beyond Our Walls

### ***Stuffed and Starved* by Raj Patel**

**SJA Book Discussion** Monday, December 7, 2009 at 7 p.m. in Emerson Hall. Contact Holly Williams if you have any questions.

"For those with enough money - and that's most of us in wealthier countries— life is good. We can eat almost anything we want, regardless of where it comes from, what season it is or how much it costs. The world is our dish, laden with more foods than we've ever seen in history and more calories than we know what to do with. A continent away, there are more bloated bellies, but this time from malnutrition—seemingly due to a scarcity of food. But these two contrasting worlds are linked deeply and inextricably. In a timely look at the entire global food chain, "Stuffed and Starved" asks us to think about the way our food comes to us, to understand how our supermarket shopping makes us complicit in denying freedom to the world's poorest and to recognize how ourselves are poisoned by our choices."

*Stuffed and Starved* is one of the most shocking investigations into the "haves" feeding off the "have-nots" and a compelling look at how we all suffer the consequences of a food system cooked to a corporate recipe.

### **UUSC Holiday Cards are back!**

Are you looking for a colorful, fun way to celebrate the holidays, while promoting justice, equality and compassion in human relations? Then stop by the Social Justice Table during coffee hour from mid November through December to purchase your pack of UUSC Holiday Cards. By purchasing these cards, you are helping to support and advance human rights through the UUSC. Proceeds from these card sales go to aid the Unitarian Universalist Service Committee in its effort to promote workers' rights, civil liberties, the human right to water, and the rights of vulnerable groups in humanitarian crises. Printed on recycled paper, these cards come in several different festive designs and will be selling for \$10 a pack.

### **It's time to welcome a Guest at Your Table!**

Each year at this time, UU congregations across America participate in UUSC's Guest at Your Table. When we bring home our Guest at Your Table boxes, our families and friends will learn about how the Unitarian Universalist Service Committee puts our shared principles into action in the United States and around the world. Through a potent combination of advocacy, education, and partnerships with grassroots organizations, UUSC promotes economic rights, advances economic justice, defends civil liberties, and preserves human rights in times of humanitarian crisis.

Sharing our blessings through Guest at Your Table ensures that UUSC's human rights work continues, while building UUSC membership. UUSC members are vitally important, as UUSC is an independent, membership-based organization that receives no funding from the UUA or the U.S. government.

Through the book *Stories of Hope*, we connect with people in the United States and around the world who are working to advance human rights—and protect their own rights—in partnership with UUSC.

In each household, the Guest at Your Table box is placed in a prominent spot, often at the family meal table. When family and friends gather to enjoy their blessings, they can reflect on the contributions of their Guests to the movement for universal human rights and share generously. Each week, we can choose a different story to read, bringing our Guests to life and helping to celebrate our own rights.

We will open our Guest at Your Table program with a worship celebration on Sunday, November 22.

### **Social Justice Calendar**

#### **Thursday, November 5, 7pm**

Lancaster Coalition for Peace and Justice UUCL

#### **Monday, November 9, 7pm**

International Workers of the World Film Series, *Wal-Mart: The High Cost of Low Prices*. UUCL

#### **Tuesday, November 10, 7pm**

Social Justice Advocates, UUCL

#### **Sunday, November 22, 9 and 11am**

Guest at Your Table celebration during worship services.



## December 24 County Food Drive

Celebrate the true meaning of Christmas. Volunteer on December 24 to package and give away boxes of holiday meals to about 1,200 needy families at Clipper Magazine Stadium in Lancaster. This is the 23rd annual Lancaster County Project for the Needy. It's estimated the distribution provides a bonafide holiday meal for about 6,000 people. The project is run entirely by donations and volunteers.

Volunteers load, unload, fill and stack grocery boxes that will each contain a turkey, potatoes, cranberry sauce, frozen vegetables, milk, bread and eggs. Other work might involve traffic control. Families are welcome. Volunteers need to report at 5:30 or 6am at the stadium parking area off Prince Street. The distribution is usually complete by 10am. Last year, about 400 volunteers from around the county participated.

Tax-deductible donations are also welcome to pay for the event. Checks may be made out to LCPN and sent to Lancaster County Project for the Needy, 324 Koser Road, Lititz, PA, 17543.

If interested in volunteering for this event, please contact Ad Crable.

## Food Bank needs:



- small sizes are best-

Cereal	Canned meals (beef stew, etc.)
Oatmeal packets	Boxed meals (tuna/hamburger helper)
Canned beans	Tuna
Canned vegetables	Canned fruit
Canned or boxed potatoes	Peanut butter
Rice	Jelly
Pasta	Paper grocery bags in good condition
Spaghetti sauce	
Canned soup	

## New Office Hours

Monday-Friday, 9:30 a.m.-3:30 pm  
717-393-1733

## Staff

Ministers:	Rev. Patricia Hart, x205 Rev. Peter Newport, x203
Director of Lifespan Faith Development:	Kate Prisby, x202
Director of Administration and Finance:	Nadinne Ziegler, x206
Director of Music:	Anne Mason, x204
Music Assistant:	Kate Diller
Preschool Administrator:	Wendy Shiffer, x228
Bookkeeper:	Ada Mendez, x212
Publications Coordinator:	Michael Eby-Good x215 (e-mail: <a href="mailto:pr@uuclonline.org">pr@uuclonline.org</a> )
Organist:	Phil Raezer
Sexton:	David Dorn

## Ministers' Office Hours

Peter or Tricia is usually in the office every day but Tuesday, and available by appointment. Please call them at 393-1733, or e-mail [minister@uuclonline.org](mailto:minister@uuclonline.org) to reserve a time.

## UUCL Staff Mission Covenant

*We are a devoted and energetic team with varied skills, committed to helping the congregation discover and fulfill its mission. We do this by working hard, supporting each other, listening well, making connections, and embodying the values of Unitarian Universalism in all of our interactions with the congregation and the larger community.*

## Windows Due Date:

Text for December '09 issue is due by 9am November 16, 2009.

## Publications Coordinator Hours

Michael Eby-Good's hours are:

Monday	11am-12:30pm
Tuesday	—
Wednesday	10am-12:30pm
Thursday	10am-2:30pm
Friday	10am-2:30pm

**Would you like to save paper and receive Windows electronically?** Each month, we email a PDF version of the newsletter. Contact the office to sign up.

# November 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b>  <b>Daylight Savings Time Ends</b>            —8:00am Youth Group Retreat            8:00am Play Rehearsal            12:30pm Goddess Circle Planning            1:00pm Labyrinth Walk            1:00pm Enquiring Minds            5:30pm Red Rose Sangha Text Study</p>	<p><b>2</b>            6:00pm Common Roads Lancaster Chapter Advisory Committee            7:00pm Knitting a World of Good</p>	<p><b>3</b>  <b>Election Day</b>            No Lancaster Co-op School Classes            Co-op School Parent Teacher Conferences            8:30am Development, Investments and Trusts</p>	<p><b>4</b>            9:00am P/D Staff Team-Building Retreat</p>	<p><b>5</b>            12:00pm Lancaster Co-op School Extended Day            6:00pm Youth Adult Round Table            7:00pm Lancaster Coalition for Peace and Justice            7:30pm Choir Rehearsal</p>	<p><b>6</b>            9:00am Lancaster Co-op School Two-Year-Old Class            11:30am Food Bank Packing            7:00pm Common Roads Sale Space</p>	<p><b>7</b></p>
<p><b>8</b>            Children/Youth Family Emergency Evacuation Drills at 10 &amp; 11:50am            12:30pm Spirit in Practice            1:00pm Enquiring Minds</p>	<p><b>9</b>            3:00pm Bylaws Task Force            6:30pm WW Film Series            7:00pm Financial Review</p>	<p><b>10</b>            12:00pm Lancaster Co-op School Extended Day            7:00pm Social Justice Advocates</p>	<p><b>11</b>            9:00am Seminary Labyrinth Walk            7:30pm Goddess Circle</p>	<p><b>12</b>            12:00pm Lancaster Co-op School Extended Day            6:30pm Living by Heart            7:30pm Choir Rehearsal</p>	<p><b>13</b>            9:00am Lancaster Co-op School Two-Year-Old Class            11:30am Food Bank Packing            6:30pm <i>Milk</i> Movie            7:00pm Common Roads Sale Space</p>	<p><b>14</b>            10:00am Self-Healing Through Movement            5:00pm Autumn Auction—Offsite</p>
<p><b>15</b>            12:15pm Youth Adult Committee            12:30pm Winter Solstice Planning            12:45pm Odyssey Mentor Orientation</p>	<p><b>16</b>  <b>Windows Deadline</b>            6:30pm WUCL Board of Trustees</p>	<p><b>17</b>            12:00pm Lancaster Co-op School Extended Day</p>	<p><b>18</b>            6:30pm <i>In God's Name</i> Movie Discussion</p>	<p><b>19</b>            12:00pm Lancaster Co-op School Extended Day            5:30pm Co-op School Stone Soup —offsite            6:00pm All Ages Choir Rehearsal/Podluc            7:30pm Choir Rehearsal</p>	<p><b>20</b>            9:00am Lancaster Co-op School Two-Year-Old Class            11:30am Food Bank Packing            6:30pm Odyssey Retreat thru 11/21 at 10am            7:00pm Common Roads Sale Space</p>	<p><b>21</b>            —10:00am Odyssey Retreat</p>
<p><b>22</b>            Guest at Your Table-Worship Activities UUSC            7:00am Youth Pancake Breakfast            12:45pm <i>New Moon</i> Book Discussion and Movie</p>	<p><b>23</b></p>	<p><b>24</b>            12:00pm Lancaster Co-op School Extended Day</p>	<p><b>25</b>            No Lancaster Co-op School            Windows Mailing            7:00pm Program Leadership Team</p>	<p><b>26</b>  <b>Thanksgiving</b>            Church Office Closed            No Lancaster Co-op School</p>	<p><b>27</b>            Church Office Closed            No Lancaster Co-op School            7:00pm Common Roads Sale Space</p>	<p><b>28</b></p>
<p><b>29</b>            9:00am No YRUU            10:15am Visitor's Information Gatherings</p>	<p><b>30</b>            No Lancaster Co-op School            11:00am Week in review</p>	<p><b>Every Sunday</b>            9am and 11am Worship            10am Children's Faith Development Activities            6:30pm Our Whole Lives (OWL)            7pm Red Rose Sangha</p>		<p><b>Monday-Friday</b>            9am-12pm Lancaster Cooperative School            *9:30-4pm Office Hours</p>		



### Moon Time

#### The Art of Harmony Using Lunar Cycles

On Wed., Nov. 11 @ 7:30 PM, Goddess Circle will feature a ritual with phases of the moon and its effect on your body. The power of the moon can be used to fortify and detoxify your life during the waning and waxing phases. There is much to learn and love about Grandmother Moon as she reflects the cycles of our lives in her aspects. We can create harmony, health and balance with this knowledge. All are welcome to honor the moon and her powers with chants, dance, stories, meditation, and the circle's energy. For those interested in convening this Goddess Circle, the planning will be on Sunday Nov. 1 @12:30pm.

### Lancaster Labyrinth

The Lancaster Labyrinth is open on Sunday, November 1 at UUCL. We have collected thoughts and impressions the walkers have left in the guest book through many years of walks. Periodically we print them for your reflection and enjoyment as they say so much.

"A little drop of kindness shimmers outward into a labyrinth of love."  
"Going deep, deep into our velvety dark center, we find strength and conviction to walk with dignity."  
"Feeling grounded, in touch with my inner spirit to guide and protect me as I learn to listen to my heart."  
"I have said goodbye to my past. I have left it in the center. Now she is on her own and so, finally am I."  
"Through the labyrinth, I have touched my sadness."  
"To be on the labyrinth is to be present here and now...the intent of all truths...be here with your life and the love that is available to us all...take it in for all time...for this moment."

### Lancaster Winter Solstice

Dates for the Lancaster celebration are Sunday, Dec. 20 and Monday, Dec. 21 at 7:30 at UUCL. Mark your calendars now since that is a busy time. Free tickets are required and will be available at Sunday Coffee Hours starting Nov. 29, and also at the church office during the following weeks.

**Calling for drummers and percussionists** to join in the celebration of the Winter Solstice Services. All are invited to participate, whether you're an experienced drummer or a beginner. Here is a great opportunity to connect to others and to express your creative energies.



**Ushers also are needed** for the Winter Solstice celebration This is a large, annual service and we need volunteers. You may volunteer for one or both services.

**Rehearsal is Monday, Dec. 14 for all involved** 6-9pm, attendance required. To drum, call Paul Montigny. To usher, call the church office at 393-1733, and leave name and phone.



### POINSETTIA/WREATH DEDICATION FORM

Please print the name of the person you wish to honor along with your name and telephone number. Check the boxes that apply to your order. Extra order forms are available at the church.

Check One:  In Celebration of  In Honor of  In Memory of

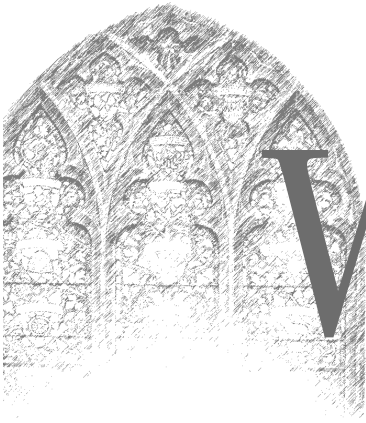
Honoree's Name: \_\_\_\_\_

Check One: Poinsettias  6 Inch - \$8  
Wreath  18 Inch - \$27  24 Inch - \$36

Given by: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

UUCL invites you to dedicate poinsettias and wreaths as a memorial, in honor or in celebration of a loved one. Complete the form below and return to the UUCL office along with your check by Monday, **November 16, 2009.**



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# Windows

**New Church Office Hours:**

The Office will be open weekdays  
9:30am-3:30pm, beginning  
November 1. This closing time is  
30 minutes earlier than before.

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A publication of the Unitarian Universalist Church of Lancaster



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